

Troubled Mind

4 wall linedance

Forward Roll, Lock Step

1 RF step back, 1/2 turn L
2 LF step forward, 1/2 turn L
3 RF step forward
& LF lock behind RF
4 RF step forward

Left Turning Grapevine, Step

5 LF step side
6 RF cross behind LF
7 LF step forward, 1/4 turn L
8 RF step forward

Rock Step, Back Lock Step

9 LF rock forward
10 RF recover weight
11 LF step back
& RF lock across LF
12 LF step back

Triple Turn, Rock Step

13 RF step side, 1/4 turn R
& LF step beside RF
14 RF step forward, 1/4 turn R
15 LF rock forward
16 RF recover weight

Back Run into Coaster Step

17 LF step back
18 RF step back
19 LF step back
& RF step beside LF
20 LF step forward

Zig Zag (Clap)

21 RF step diagonal R forward
22 LF touch toe beside RF (clap)
23 LF step diagonal L forward
24 RF step beside LF (shoulder width apart)

Contra Swivels

25 LF turn on heel L-toe L,
RF turn on toe R-heel R
26 RF+LF turn center
27 RF turn on heel R-toe R,
LF turn on toe L-heel L
28 RF+LF turn center

Coaster Step, Lock Step

29 RF step back
& LF step beside RF
30 RF step forward
31 LF step forward
& RF lock behind LF
32 LF step forward

1 **start over**

Music : Patty Loveless
Crazy Arms
BPM : 96
Level : Beginner/Intermediate
Choreographer : Tonny van Donk (april 2009)

